

# We Need to Stay Healthy

(a COVID19 social story)

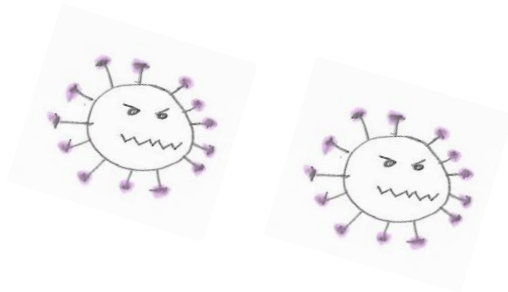


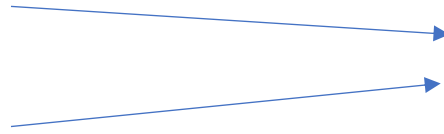
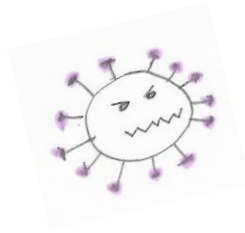
Today I learned that I will stay at home for at least the next 2 weeks.



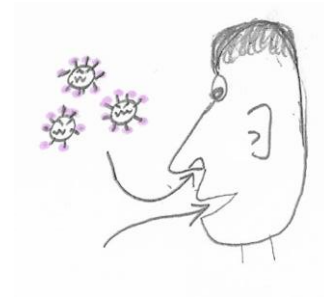
MARCH 2020						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30 ?	31 ?				

This is because some people are becoming sick from a virus.

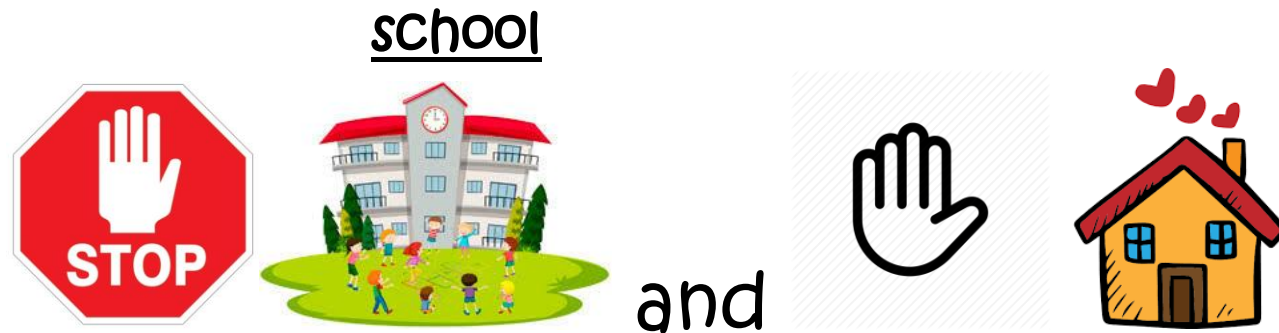




A virus is a kind of tiny living thing that can make people sick if it gets into noses or mouths.



I may feel sad, but we have to **stop** going to school for a little while and **stay** at home.



Here are **things** I need to do to keep my family and friends healthy until the virus stops bothering us.

1. I can wash my hands before and after touching things.



2. I can keep my hands and feet to myself.



3. To say hello, I can bump elbows,



share a smile OR



flash a peace sign



While I am home:

1. I can do work from my school teachers.



2. I Can play with toys.



3. I Can go for a walk outside with a family member.



4. I Can watch videos like



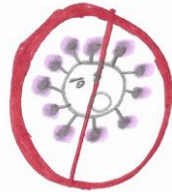
and



5. I can read books with my family.



After the virus stops, I get to go back to school.



My friends and classmates will come back to school  
at the same time I do.



We will



Play,  
Learn and Grow...  
Together!

again soon!